

SONOMA COUNTY				
Benicia Pool 7469 Bernice Dr, Rohnert Park www.rpcity.org 707-795-7582	Public swim and swim lessons	Rohnert Park	All ages	Public swim: \$3-4, kids under 5 free Program prices vary, call for more information
Cavanaugh Pool 426 G St, Petaluma www.cityofpetaluma.net 707-778-4536	Public swim, water exercise, and swim lessons	Petaluma	All ages	Public swim: \$2-5
Cloverdale Memorial Pool 205 West 1st Street, Cloverdale www.scfymca.org/aquaticcloverdaleschedule.php (707) 894-9148	Public swim, swim lessons, and adult lap swim.	Cloverdale	All ages	\$3 youth (under 17) \$3 seniors (55+) \$4 adults \$9 family pass (2 adults & 3 kids)
Finley Aquatic Center 2060 West College Ave, Santa Rosa http://ci.santa-rosa.ca.us/departments/recreationandparks/programs/aquatics/Pages/FinleyAquaticCenter.aspx 707-543-3760	Lap swim, public swim, swim lessons, water aerobics, water polo, diving and masters swimming.	Santa Rosa	All ages	Public swim: \$3-4 Program prices vary, call for more information
Healdsburg Swim Center 360 Monte Vista Ave, Healdsburg www.healdsburgswimcenter.com 707-433-1109	Public swim, lap swim, swim lessons, triathlon training, and swim team	Healdsburg	All ages	Public swim: \$4-5
Honeybee Pool 1170 Golf Course Dr, Rohnert Park www.rpcity.org 707-795-7583	Public swim, lap swim, swim team, swim lessons	Rohnert Park	All ages	Public swim: \$3-4, kids under 5 free Program prices vary, call for more information
Ives Pool 7400 Willow St, Sebastopol www.ivespool.org 707-823-8693	Lap swim, public swim, water aerobics, masters swim, swim team, under water hockey, aqua therapy, and swim lessons	Sebastopol	All ages	\$3+
Magnolia Pool 1501 Middlebrook Way, Rohnert Park www.rpcity.org 707-795-7584	Public swim, lap swim, swim team, swim lessons	Rohnert Park	All ages	Public swim: \$3-4, kids under 5 free Program prices vary, call for more information
Petaluma Swim Center 900 East Washington St, Petaluma www.cityofpetaluma.net 707-778-4410	Lap swim, public swim, swim lessons	Petaluma	All ages	Public swim: \$2-6
Ridgway Swim Center 455 Ridgway Ave (next to Santa Rosa High) 707-543-3421 http://ci.santa-rosa.ca.us/departments/recreationandparks/programs/aquatics/Pages/RidgwaySwimCenter.aspx	Lap swim, public swim, swim lessons, kayak practice, and masters swimming	Santa Rosa	All ages	Public swim: \$3-4 Program prices vary, call for more information
Sonoma County Family YMCA 1111 College Ave, Santa Rosa www.scfymca.org 707-545-9622	Lap swimming, public swim, swim lessons, and water aerobics	Santa Rosa	All ages	Programs and classes only open to members; family swim pass available for \$10 during scheduled Family Swim times only.

Spring Lake 391 Violetti Dr, Santa Rosa 707-539-8092	Open Memorial Day to Labor Day, 7 days/week, sunrise to sunset; 3-acre swimming lagoon, sandy beach, picnic areas, lifeguard	Santa Rosa	All ages	\$6 per vehicle
NAPA COUNTY				
Bothe-Napa Valley State Park Hwy 29/128 (5 miles north of St. Helena, 4 miles south of Calistoga) www.parks.ca.gov/?page_id=477 707-942-4575	Pool open on weekends, beginning on Memorial Day weekend through mid-June, then daily through Labor Day, from 12- 6pm. There is an additional fee for the use of the swimming pool, to be paid at the park entrance.	Napa County	All ages	\$8 parking Kids under 5 swim free \$2 youth swim (age 6-17) \$5 adult swim
Calistoga Community Pool 1745 Washington St., Calistoga www.ci.calistoga.ca.us 707-942-2846	Pool open mid-May to mid-September, 7 days a week. Public swim, lap swim, swim lessons, aqua aerobics, lifeguard training.	Calistoga	All ages	Varies
Napa Parks & Recreation www.cityofnapa.org (707) 257-9529 Napa High School Pool 2475 Jefferson Street, Napa Redwood Middle School 3600 Oxford Street, Napa	Napa Parks & Recreation operates pools at Napa High School and Redwood Middle School during summer months. Recreation swim, lap swim, swim lessons, swim team, and lifeguard training.	Napa	All ages	Varies
Phillip West Aquatic Center 100 Benton Way, American Canyon www.ci.american-canyon.ca.us/index.aspx?page=82 (707) 648-7275	Six-lane 25 yard swimming pool, a wading pool that is operated in the summer months, outdoor showers, restrooms and dressing rooms. Public swim, adult lap swim, swim lessons, water aerobics, swim team, and lifeguard training.	American Canyon	All ages	Varies
St. Helena High School Pool 1401 Grayson Avenue, St. Helena (707) 967-2740	Open to the public Monday-Friday during the summer. Home to the St. Helena Swim Team (707) 967-9260.	St. Helena	Youth and adults	Varies
Yountville Community Pool Veteran's Home Campus www.townofyountville.com/Aquatics.html (707) 944-8712	Aquatics programs operate 6 days per week from Mid June until Mid August and includes swim lessons, senior swim, adult lap swim, recreational swimming and special activities. Family passes are available as well as daily passes.	Yountville	All ages	Varies
LAKE COUNTY				
Clear Lake State Park 5300 Soda Bay Road, Kelseyville www.parks.ca.gov/?page_id=473 707-279-4293	Swimming, fishing, boating and water-skiing, picnic area, restrooms, showers, camping, hiking, and bird watching.	Kelseyville	All ages	\$8/vehicle to park; boat launch \$5
Middletown County Pool 20962 Big Canyon Road, Middletown (707) 987-3656	Public outdoor pool open during summer for recreational swim, lap swim, and swim lessons.	Middletown	All ages	\$1.25-\$2 per person
Westshore Pool 350 Lange Street, Lakeport www.cityoflakeport.com/hot-details.aspx?id=56 (707) 263-3131	Outdoor pool open for recreational swim during summer months. Swim lessons and competitive swim team for youth also available (www.lakecountychannelcats.com)	Lakeport	All ages	\$2-\$4 per person
MENDOCINO COUNTY				

CV Starr Community Center 300 S. Lincoln St, Ft. Bragg www.mendocoastrec.org (707) 964-9446	Indoor pool open all year for lap swim, recreation swim, swim lessons, swim team, and aqua aerobics.	Fort Bragg	All ages	Varies
Hendy Woods State Park 8 miles northwest of Boonville, a half-mile south of Highway 128 on Philo-Greenwood Road www.parks.ca.gov/default.asp?page_id=438 707-895-3141	The park features two virgin redwood groves; Big Hendy with a self-guided discovery trail and Little Hendy. The Navarro River runs the length of the park and is a popular place for swimming and kayaking. Camping and picnic sites available.	Boonville	All ages	Day use: \$8/vehicle Drive-in Camping: \$35/night Hike & Bike-in Camping: \$5/night Cabin: \$50/night
Navarro River Redwoods State Park Hwy 128, two miles east of the junction of State Highway 1 www.parks.ca.gov/default.asp?page_id=435 (707) 937-5804	Visitors to the Navarro River Redwoods State Park can enjoy picnicking, swimming, and camping at the Paul M. Demmick campground. The park is popular with anglers, canoeists, and kayakers in the late winter and spring.	Albion	All ages	Day use: \$8/vehicle Camping: \$25/night
MacKerricher State Park 3 miles north of Fort Bragg on Highway 1, near the town of Cleone www.parks.ca.gov/default.asp?page_id=436 707-964-9112	MacKerricher State Park offers a variety of habitats; beach, bluff, headland, dune, forest, wetland and tidepools along the shore. Good place for hiking, jogging, biking, swimming and horseback riding. Also, bird watching and whale watching (winter & spring).	Cleone	All ages	Day use: \$8/vehicle Drive-in Camping: \$35/night Hike & Bike-in Camping: \$5/night Group: \$200-260/night
Russian Gulch State Park 2 miles north of Mendocino on Highway 1 www.parks.ca.gov/default.asp?page_id=432 707-937-5804	Park headlands feature a collapsed sea cave called Devil's Punch Bowl. Beach offers swimming, tide pool exploring, skin diving and rock fishing. Hike inland to see a 36-foot high waterfall. Hikers enjoy miles of hiking trails. The	Mendocino	All ages	Day use: \$8/vehicle Drive-in Camping: \$35/night Hike & Bike-in Camping: \$5/night Group: \$140/night
Smithe Redwoods State Natural Reserve 4 miles north of Leggett on Highway 101 www.parks.ca.gov/default.asp?page_id=427 707-247-3318	The park features a 60-foot waterfall, picnic area, and fishing and swimming in the south fork of the Eel River, and a beautiful grove of old-growth redwoods.	Leggett	All ages	Day use: \$8/vehicle No camping
Standish-Hickey State Recreation Area 1.5 miles north of Leggett on Highway 101 www.parks.ca.gov/default.asp?page_id=423 707-925-6482	At the "gateway to the tall trees country," the area offers camping, picnicking, hiking, fishing, and swimming on the South Fork of the Eel River	Leggett	All ages	Day use: \$8/vehicle Drive-in Camping: \$35-45/night Hike & Bike-in Camping: \$5/night
Ukiah Municipal Pool 511 Park Blvd. Ukiah www.cityofukiah.com (707) 463-6201	Public swim: Monday-Friday, 1pm-4pm; Sat & Sun 1pm-5pm. Other programs: swim lessons, aqua aerobics, senior water exercise, birthday parties, and adult lap swim.	Ukiah	All ages	Public swim: \$4 per person Swim lessons: \$50 per session
Van Damme State Park 3 miles south of Mendocino on Highway 1 www.parks.ca.gov/default.asp?page_id=433 707-937-5804	Van Damme State Park consists of beach and upland on the Mendocino Coast. Things to do here: hike the Pygmy forest, jog or bike the 10 miles of paved trails, take a kayak tour, dive for abalone, swim, camp, and picnic.	Mendocino	All ages	Day use: \$8/vehicle Drive-in Camping: \$25-35/night Hike & Bike-in Camping: \$5/night Group: \$160/night
Vichy Springs Resort 2605 Vichy Springs Road www.vichysprings.com 707-462-9515	Olympic-size swimming pool, hot pool, and mineral baths.	Ukiah	All ages	\$30-\$50 day use/person
Willits Municipal Pool 429 N. Main St., Willits http://thecityofwillits.com/city-pool (707) 459-5778	Pool is open 7days/week during the summer. Public swim, lap swim, masters swim, swim lessons, parties.	Willits	All ages	Varies

HUMBOLDT COUNTY				
Arcata Community Pool 1150 16th Street, Arcata www.humboldt.org/cntract/classes.php?section=4 (707) 826-3357	Open all year long; indoor. Rec swim, lap swim, swim lessons, water slide, water exercise and water yoga.	Arcata	All ages	Varies
Benbow Lake State Recreation Area 1600 Hwy 101, Garberville www.parks.ca.gov/?page_id=426 707-923-3238 Summer 707-247-3318 Winter	Camping, swimming, hiking, fishing and a variety of special events	Garberville	All ages	Day use: \$8/vehicle Camping: \$35-45/night
College of the Redwoods Pool 7351 Tompkins Hill Rd, Eureka (707) 476-4100	Closed for major repairs	Eureka	All ages	
Eureka High School Swimming Pool 1915 J Street, Eureka (707) 441-4240	Summer swim program June through August	Eureka	All ages	Varies
Grizzly Creek Redwoods State Park On Hwy 36, seventeen miles east of Hwy 101 www.parks.ca.gov/default.asp?page_id=421 707-777-3683	The park is a quiet place to camp, hike, fish, swim and picnic. The Van Duzen River flows beside the campground.	22 miles southeast of Fortuna	All ages	Day use: \$8/vehicle Camping: \$35/night Group Camping: \$90/night
Humboldt Redwoods State Park Avenue of the Giants, State Route 254, between the towns of Weott and Myers Flat www.parks.ca.gov/default.asp?page_id=425 (707) 946 2409	Over 100 miles of trail for hikers, bikers, and horse riders. The South Fork Eel River provides fishing, boating, and swimming, and there are many day use areas for picnicking & family activities. There are over 250 family campsites in three different campgrounds, plus environmental camps, group camps, trail camps, and a horse camp.	20 miles north of Garberville	All ages	Day use: \$8/vehicle Drive-in Camping: \$20-55/night Hike & Bike-in Camping: \$5/night Group: \$135-200/night
Humboldt State University Pool 1 Harpst Street, Arcata www.humboldt.edu/kra/facilities/hours.html (707) 826-6011	Drop in for lap swimming throughout the semester. Aquatics classes offered through HSU include Aqua Aerobics, Fitness Swimming, Water Polo, Beginning and Advanced SCUBA, Kayaking and Lifeguarding.	Arcata	Adult	\$3 drop-in lap swim for non-students. Classes may be taken by non-enrolled students, see website for more information: www.humboldt.edu/extended/open.html
Richardson Grove State Park 7 miles south of Garberville on Highway 101 www.parks.ca.gov/default.asp?page_id=422 707-247-3318	Over nine miles of hiking trails, picnic area with ample parking, river access, and seasonal fishing.	7 miles south of Garberville	All ages	Day use: \$8/vehicle No Camping
DEL NORTE				
Fred Endert Municipal Pool 1000 Play St, Crescent City (707) 464-9503	Lap swim, youth swim team, aqua aerobics, arthritis exercise, therapeutic aquatics, SCUBA lessons, swim lessons & water slide.	Crescent City	All	Drop-in: \$3-\$3.50
Jedediah Smith Redwoods State Park Hwy 199 (9 miles east of Crescent City) http://parks.ca.gov/default.asp?page_id=413 707-458-3018	20 miles of hiking and nature trails, river access, a visitor center with exhibits and a nature store, swimming in the Smith River, picnic sites, and camping year-round.	9 miles east of Crescent City	All ages	Day use: \$8/vehicle Camping: \$35/night drive-in, \$5/night walk & bike