



Network for a Healthy California—Northcoast Region  
**Northcoast Nutrition and Fitness Collaborative (NNFC)**

**September 17th, 2009**

**8:30 am – 4:00 pm**  
**River Lodge, Fortuna**

## **Tentative Agenda**

### **Meeting Objectives:**

- Share best practices and regional successes
- Planning next steps of the educational initiatives

- 8:30 - 9:00 Registration
- 9:00 - 9:20 Introductions and Icebreaker
- 9:20 - 9:40 Nominating/Approving New Chair(s)
- 9:40 - 10:15 Educational Initiatives Updates
- 10:15 – 10:45 PA Energizer
- 10:45 - 11:15 Mike Canning, Food for People  
Sharing the Success of the Food Bank's Gleaning Program
- 11:15 – 12:00 Deborah White, 4-H Program Representative & Meghan Webb, Del Norte High School  
Student/ 4-H leadership  
Del Norte County 4-H Program and the Re-Think Your Drink Initiative
- 12:00 - 1:00 Working Lunch  
*Children's Power Play!* Advisory Council Meeting
- 1:00 - 1:20 Laurel Chambers, Recreation Rx: *Network* partnership between Physicians and Parks  
and Recreation
- 1:20 - 1:35 PA Energizer
- 1:35 - 2:15 Highlighting Best Practices to Deliver Nutrition Education in Schools  
Joan Bruno, Calistoga Unified School District  
Petra Schulte, Fort Bragg Unified School District
- 2:15 – 2:30 CAN-ACT Update, Terry Nieves  
Ukiah Unified School District
- 2:30 - 3:30 Education Initiative Breakout Session & Reporting
- 3:30 - 3:45 Evaluation & Closing

This material was funded by the California Department of Public Health's Network for a Healthy California, with funding from the USDA Supplemental Nutrition Assistance Program (formerly the Food Stamp Program). These institutions are equal opportunity providers and employers. In California, food stamps provide assistance to low-income households, and can help buy nutritious foods for better health. For food stamp information, call 877-847-3663. For important nutrition information visit [www.cachampionsforchange.net](http://www.cachampionsforchange.net).