



Bring *Children's Power Play!* to your 4th and 5th Grade students!



The *Network for a Healthy California—Children's Power Play! Campaign* can give you the tools you need to empower your **fourth- and fifth-grade students** to make healthy lifestyle choices. The *Children's Power Play! Campaign* offers nutrition and physical activity resources and technical assistance.

To get started, simply follow these easy steps:

1. Meet with your regional *Children's Power Play! Campaign* office for an overview of the *Campaign* resources, including **FREE** materials, community partnerships, training and program support.
2. Complete a **one-page** registration form for each classroom to order the materials you'll need to conduct *Children's Power Play! Campaign* activities.
3. Discuss training options with your *Children's Power Play!* office to determine what will work best for your school.
4. Conduct **TEN** activities throughout the school year. Activities support the National Health Education standards and physical activity framework. The activities are linked to the Mathematics and English/Language Arts California Content Standards, so they are easy to integrate into your current curriculum.
5. Return your one-page Participation Report to your *Children's Power Play! Campaign* office.
6. Your *Children's Power Play! Campaign* regional office will contact you to let you know how you can receive additional resources for your students and your classroom.



Check in Dates

Dec. 18th

March 26th

Goals

Complete 3 activities to receive your new updated *Resource Kit!*

Complete 4 new activities for a total of 10 activities completed and receive a PLAY! catcher for each participant

Final Due Date

June 11th

Complete all 10 activities to receive one FREE exciting parties below

1. Smoothie party 2. Nutrition decathlon 3. Supermarket classroom tour

Are you...

- READY** to help your students become healthier and more energized?
- SET** for added fun and learning during the school day? Then...
- GO** for it!
Call your coordinator today!

Please contact Deb Harris

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