



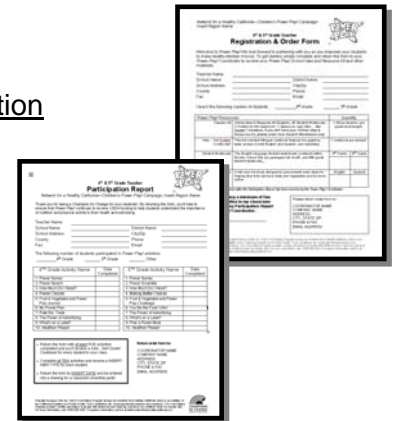
Bring *Children's Power Play!* to your Community Youth Organization!



The *Network for a Healthy California*—Northcoast Region, *Children's Power Play! Campaign* wants to give you the tools you need to empower your students to make healthy lifestyle choices.

To get started, simply follow these easy steps:

1. Meet with your regional *Children's Power Play! Campaign* specialist for an overview of the Campaign and our resources, including **free** materials, community partnerships, training and program support.
2. Complete a one-page registration form (one for each site) to order your materials. Return your form to the regional *Children's Power Play! Campaign* office.
3. Discuss training options with the regional *Children's Power Play! Campaign* to determine what type of training will work best for your site(s).
4. The Community Youth Organization resource kit includes 10 nutrition education lessons and 10 physical activity lessons.
5. Conduct **ALL TWENTY** fun and easy activities to receive a **FREE Nutrition Decathlon Day or Smoothie Party**.
6. Return your one-page Participation Report to your *Children's Power Play! Campaign* office
7. The Regional *Children's Power Play!* office will contact you to let you know how to receive additional resources for your students.



Are you...

- READY** to help your students become healthier and more energized?
- SET** for added fun and learning during the school day? Then...
- GO** for it!
Call your Power Play! office today!

Please contact Deb Harris
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