

# Fruit and Veggie Fest 2010



## Learn How to Shop Smart for a Healthy Start

**JOIN THE NETWORK FOR A  
HEALTH CALIFORNIA AND  
FOODMAXX FOR  
FRUIT AND VEGGIE FEST!**

Fruit and Veggie Fest is free to the public and includes fun and educational activities for the whole family!

- Take advantage of special values on fruits and vegetables.
- Tour the store with shopping experts
- Sample healthy and delicious recipes
- Get a free cookbook with great ideas for meals and snacks
- Share your tips and ideas of how you eat healthy and save money
- Enter to win exciting prizes

**FOODMAXX**  
MAXIMUM DISCOUNT SUPERMARKETS

**Sunday, May 16, 2010  
12 – 3 p.m.**

**FoodMaxx**  
1315 Airport Park Blvd.  
Ukiah, CA 95482

**For More Information Please Contact:**  
Angie Corwin (707) 543-5810 x 201

